



BRUCE CARRINGTON UD 12 MATEUS HEITA
07/26/25 - NEW YORK

Total Punches Landed / Thrown

	1	2	3	4	5	6	7	8	9	10	11	12
CARRINGTON	14/33	15/34	17/33	21/38	16/50	20/53	20/40	21/47	17/44	17/45	12/35	17/40
	42.4%	44.1%	51.5%	55.3%	32%	37.7%	50%	44.7%	38.6%	37.8%	34.3%	42.5%
HEITA	9/45	10/43	11/43	8/37	9/51	10/50	14/55	11/52	9/39	14/57	3/28	14/49
	20%	23.3%	25.6%	21.6%	17.6%	20%	25.5%	21.2%	23.1%	24.6%	10.7%	28.6%

Jab Landed / Thrown

	1	2	3	4	5	6	7	8	9	10	11	12
CARRINGTON	8/22	9/20	3/13	9/17	3/20	6/22	7/15	5/16	7/20	4/12	7/23	6/15
	36.4%	45%	23.1%	52.9%	15%	27.3%	46.7%	31.3%	35%	33.3%	30.4%	40%
HEITA	5/34	2/24	5/26	5/24	3/34	3/26	3/29	5/27	3/26	4/28	2/22	4/24
	14.7%	8.3%	19.2%	20.8%	8.8%	11.5%	10.3%	18.5%	11.5%	14.3%	9.1%	16.7%

Power Punches Landed / Thrown

	1	2	3	4	5	6	7	8	9	10	11	12
CARRINGTON	6/11	6/14	14/20	12/21	13/30	14/31	13/25	16/31	10/24	13/33	5/12	11/25
	54.5%	42.9%	70%	57.1%	43.3%	45.2%	52%	51.6%	41.7%	39.4%	41.7%	44%
HEITA	4/11	8/19	6/17	3/13	6/17	7/24	11/26	6/25	6/13	10/29	1/6	10/25
	36.4%	42.1%	35.3%	23.1%	35.3%	29.2%	42.3%	24%	46.2%	34.5%	16.7%	40%

Final Punch Stat Report

	Total Punches (Body Landed)	Total Jabs (Body Landed)	Power Punches (Body Landed)
CARRINGTON	207 (70)/492	74 (18)/215	133 (52)/277
	42.1%	34.4%	48%
HEITA	122 (43)/549	44 (5)/324	78 (38)/225
	22.2%	13.6%	34.7%

Inside The Numbers

Heita came into the fight averaging 72 punches thrown per round. Against Carrington, he averaged 46. Carrington averaged 41 punches thrown per round which didn't match his career average of 50, but this was his first 12-rounder, and his drop off wasn't as steep as Heita's. Carrington connected on 48% of his power punches. 39% of Carrington's landed power punches (52 of 133) were body shots. Two of the judges scored the fight 119-109, while the third judge scored it 120-108- all for Carrington.