

KJ WAIALAE TKO 3 RASHAD BOWENS 11/21/25 - FORT LAUDERDALE

Total Punches Landed / Thrown				
	1	2	3	4
WAIALAE	20/60	37/94	30/67	-/-
	33.3%	39.4%	44.8%	-
BOWENS	10/58	4/61	2/38	-/-
	17.2%	6.6%	5.3%	-

Jab Landed / Thrown				
	1	2	3	4
WAIALAE	7/33	16/37	7/19	-/-
	21.2%	43.2%	36.8%	-
BOWENS	2/33	1/24	1/18	-/-
	6.1%	4.2%	5.6%	-

Power Punches Landed / Thrown				
	1	2	3	4
WAIALAE	13/27	21/57	23/48	-/-
	48.1%	36.8%	47.9%	-
BOWENS	8/25	3/37	1/20	-/-
	32%	8.1%	5%	-

Final Punch Stat Report				
	Total Punches (Body Landed)	Total Jabs (Body Landed)	Power Punches (Body Landed)	
WAIALAE	87 (23)/221	30 (7)/89	57 (16)/132	
	39.4%	33.7%	43.2%	
BOWENS	16 (5)/157	4 (1)/75	12 (4)/82	
	10.2%	5.3%	14.6%	

Inside The Numbers

Waialae gave a systematic beat down to Bowen. Waialae landed 87 of 221 total punches while Bowen was only able to manage 16 of 157. Waialae held a 57 to 12 connect advantage in power shots. He was hurting Bowen to the body repeatedly and the referee saw enough at the 2:02 mark of round 3.